



# Summary of Work Accomplished Under TCEQ Work Order 10 -- Final Deliverable

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August 31, 2018

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# **1. Executive Summary**



# **Project Overview**

- Under this Work Order, NERA used simple prospective cohort simulations to start to explore the validity and robustness of common methods for assessing concentrationresponse (C-R) relationships between long-term air pollution exposures and mortality risk.
  - PM2.5 is used as the illustrative pollutant, but the study could be applicable to any of a range of criteria pollutants.
- Primary focus under this Work Order was on reliability of common statistical methods for detecting population-wide C-R thresholds in the face of inaccurate observations of population-average exposures ("measurement error").
- Meaningful patterns were difficult to discern in initial simulation runs, requiring confirmation by studying several different types of simulations:
  - Limiting the cohort to a single age and sex stratum (Men, 60 years old at year 1 of simulation)
  - Examining unrealistically "pristine" cohorts (where there are no differences in individual mortality outcomes across cities reflecting random manifestations of the shared baseline risk).
  - Considering a very wide range of hazard ratios and levels of measurement error.
- Relationships between the detectability estimation of thresholds and measurement error have now emerged that are described in this slide deck.

# **Key Conclusions**



- For the type of measurement error we have simulated, as measurement error increases,
  - Ability to detect a "statistically significant" threshold in the C-R function is progressively reduced
  - When a threshold is detected, its level is progressively more likely to be underestimated.
- Even when a threshold is detected, the slope of the C-R function remains underestimated, to a degree that is also increased with increased measurement error.
- These distortions hold at policy-relevant parameter values even in a relatively non-noisy simulation (i.e., where only variability in addition to the assumed measurement error is in actual dates of death of individuals facing same mortality risk). For example:
  - We find poor detectability of a threshold of 9.5  $\mu$ g/m<sup>3</sup> (i.e., at about the mean of the PM exposures across all cities) when the hazard ratio is in the range of 1.005 per  $\mu$ g/m<sup>3</sup>
  - See next slide for details of results of simulations for this case



# **Simulation Results for Threshold = 9.5**

% of simulations where Cox PH detects a threshold with statistical significance (by level of true HR and degree of measurement error)



 $\cdots \bullet \sigma = 1 \quad \cdots \bullet \sigma = 2 \quad \cdots \bullet \sigma = 4$ 

#### Distributions of Cox PH threshold estimates (by level of true HR and degree of measurement error)



Results of 100 nonlinear spline simulations (HR=1.005 and  $\sigma$ =2)







# **2. Overview of the Simulation Method**

# **Setting Up the Simulated Cohorts**



- Large numbers of hypothetical individuals for each city are generated, and their survival over time is simulated to create a "cohort" database for statistical study.
  - Results presented here are from cohorts of men aged 60 at the start of the study (for purposes of understanding underlying reasons for unusual results)
  - Patterns in our results would also hold for cohorts with more varied age & sex mix
- 100 cities, each with 20,000 simulated individuals. (2 million total in cohort, ~900,000 deaths observed after 20 years follow up).
  - Assumes cohort first forms in year 2000, is followed for 20 years.
  - Baseline mortality based on the US Census life tables for all-cause mortality.
  - "Non-noisy" cohort simulation:
    - Same baseline mortality risk is applied in every city
    - Same sensitivity to PM is applied to every individual in every city (no variability in C-R)
    - As in the real world, actual dates of death of individuals facing same mortality risk can vary randomly across cities
- We also studied a set of unrealistically "pristine" cohorts to better understand dynamics underlying our findings
  - Pristine simulations eliminated even the random variation in actual dates of death across cities for a given level of mortality risk – differences in mortality across cities are due to PM only
  - Results using these "pristine" simulations are presented in sections 7-10



# **PM Exposure Levels**

- Except for one analysis presented below, "true" PM in each of 100 generic cities was assumed to be constant over time.
  - The distribution was consistent with the US-wide distribution from 2000 to 2017 (see figure below)
  - The mean PM across all cities was approximately 9.3 μg/m<sup>3</sup>.



# **The Concentration-Response Function**

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- The "true" PM level in each city is used to alter the observed survival outcomes in the cohort according to an assumed "true" hazard ratio (HR)
  - For example, a hazard ratio of 1.005 means that for every µg/m<sup>3</sup> of true PM<sub>2.5</sub> in a given city, we multiply the baseline mortality probability of each individual in that city by 1.005.
  - We assume risk is a function of total  $PM_{2.5}$  mass, with no differences due to mix of  $PM_{2.5}$  constituents.
- The C-R functions we focused on in the Work Order have well-defined, population-wide thresholds, such that PM below the threshold has no effect on mortality, and PM above the threshold has a linear effect as before.
- We ran simulations for a wide range of true C-Rs:
  - Three alternative "true" threshold levels: 7  $\mu$ g/m<sup>3</sup>, 8.5  $\mu$ g/m<sup>3</sup>, and 9.5  $\mu$ g/m<sup>3</sup>.
  - Five alternative "true" HRs above the threshold: 1.0025, 1.005, 1.01, 1.02, 1.05

## **Example of True Relative Risk Function With a Threshold**





# A Note on Hazard Ratios versus Relative Risks



- Note that hazard ratios (HR) and relative risks (RR) are <u>not</u> the same thing. Hazard ratios are instantaneous risk, relative risk is cumulative.
- The RR observed between two populations will usually be lower than the HR experienced by one of those populations.
  - For example, for our illustrative cohort of 60 year old men, a HR of 1.05, comparing two cities with a 1 unit difference in PM<sub>2.5</sub>, leads to a RR of about 1.03 after 20 years in this population.
- We suspect that RR and HR may have become inappropriately conflated in the long-term risk epidemiology literature.
  - The estimate of the β coefficient in a Cox PH model is an estimate of the HR, not of the RR. However, authors of Cox PH studies are describing their β coefficient estimates as "relative risks" (See for example Pope et al. 2002, Table 2)
  - The risk analysis literature computes the "attributable fraction" of deaths, which is a function of RR, not the HR in a survival curve analysis.
- If true, the risk analysis profession has been overestimating long-term premature deaths from the results of Cox PH studies.
  - This possibility needs further study to confirm or refute.



# **Application of Measurement Error**

- We studied impacts of a type of measurement error that is interpreted as the potential that the PM exposure assigned to a group of people ("city" in this case) deviates from the true population-weighted average experienced by that group of people.
  - This is consistent with the concept of "classical" error
- "Observed" PM measures for each city were simulated by adding a random draw to the "true" PM value.
  - The random draws came from a truncated normal with bounds at +/- 4 µg/m<sup>3</sup>.
  - We considered impacts of standard deviations of 1, 2, and 4.
- For each SD, 100 sets of observed PM values were generated, and then used for all simulations with the same assumed true C-R parameters.



#### **Example of Relative Risk Evidence** When Observed PM Contains <u>Measurement Error</u>









#### **3. Tests for Thresholds With Cox Proportional Hazard Models Under Measurement Error**

# Detecting Thresholds with the Cox Proportional Hazard Tests: Summary of Results



- With moderate amounts of measurement error (sd = 2), and a threshold higher than the mean PM level (9.5), there was only a 50% chance of detecting the threshold at HR=1.005.
- The ability to detect the threshold <u>increases</u> as the threshold <u>increases</u>.
- The ability to detect the threshold <u>increases</u> as the hazard ratio <u>increases</u>.
- The ability to detect the threshold <u>decreases</u> as measurement error <u>increases</u>.

# **Cox Proportional Hazard Threshold Tests**



- This test searches for thresholds using a "grid search" type method.
  - 1. Examine a range of alternative threshold estimates incremented by 1  $\mu$ g/m<sup>3</sup> around the true threshold, over a range of ± 4  $\mu$ g/m<sup>3</sup>.
  - 2. For each potential threshold, subtract it from the PM measure to create a new PM measure that should capture a E-R curve with that threshold.
  - 3. Estimate a Cox proportional hazards model with the new PM measure.
  - 4. Select the best fitting model across the range of thresholds as the "threshold model."
  - 5. Compare the fit of the threshold model to the fit of a nothreshold model.

# **Testing for the Statistical Significance of the Threshold**



- We compare the fit of the threshold model to the fit of a no-threshold model.
- The test statistic is 2 times the difference in loglikelihoods between the threshold model and the nothreshold model (2 × ΔLL). Larger differences indicate a relatively better fit for the threshold model.
- Three standards have been proposed for concluding the threshold model is a better fit. Conclude the threshold model is a better fit if 2 × ΔLL is greater than:
  - 2
  - The natural log of the number of deaths, or ln(events).
  - The natural log of the number of individuals, or ln(n).

# The Specific Threshold Tests Undertaken



- We examined all 45 combinations of:
  - Hazard ratios: 1.0025, 1.005, 1.01, 1.02, and 1.05.
  - Thresholds: 7, 8.5, and 9.5.
  - Measurement error: 1, 2, and 4 standard deviations.
- We ran 100 simulations for each test, each with a different set of values for observed PM. The same set of 100 observed PM values was used for all simulations involving the same level of measurement error.

# **Threshold Test Results**



- The results of these threshold tests across 100 simulations are presented in the 9 plots below:
  - One plot for each combination of threshold and standard for significance.
  - The vertical axis indicates the number of simulations (out of 100) in which we would conclude there is a threshold.
  - The horizontal axis indicates different hazard ratios.
  - Each line indicates a different level of measurement error.
- Points to keep in mind:
  - Due to random variation across cohorts, results may not be monotonically increasing or decreasing when the relationship is weak.
  - Only about 15% of cities have PM less than 7.



#### Threshold = 7, $2 \times \Delta LL > 2$





# Threshold = 7, 2 × ΔLL > In(nevents)





## Threshold = 7, $2 \times \Delta LL > \ln(n)$





# **Threshold = 8.5,** 2 × ΔLL > 2





## Threshold = 8.5, 2 × ΔLL > In(nevents)





# Threshold = 8.5, $2 \times \Delta LL > \ln(n)$





# **Threshold = 9.5, 2 × ΔLL > 2**





## Threshold = 9.5, 2 × ΔLL > In(nevents)





## Threshold = 9.5, $2 \times \Delta LL > \ln(n)$







# **4. Estimated Threshold Locations With Cox Proportional Hazard Models Under Measurement Error**

# **Estimating Threshold Location with the Cox Proportional Hazard Tests: Summary of Results**



- With moderate amounts of measurement error (sd = 2), HR=1.005, and a threshold higher than the mean PM level (9.5), over 75% of the estimated threshold values were too low.
- Underestimates of the threshold <u>increase</u> in magnitude and frequency as measurement error <u>increases</u>.
- Underestimates of the threshold <u>decrease</u> in magnitude and frequency as the threshold <u>increases</u>.
- Underestimates of the threshold <u>increase</u> in magnitude and frequency as the hazard ratio <u>increases</u>.

# **Threshold Estimation Results**



- The plots below are boxplots.
  - The thick black line is the median estimate.
  - The colored box indicates the interquartile range (the middle 50% of the estimates).
  - The "whiskers" indicate the complete range of the data, excluding outliers.
  - The dots are outliers (defined as further than 1.5 times the interquartile range from the end of the interquartile range).

#### **Estimated Thresholds When True Threshold = 7**





#### **Estimated Thresholds When True Threshold = 8.5**





#### **Estimated Thresholds When True Threshold = 9.5**









#### **5. Estimated Hazard Ratios With Cox Proportional Hazard Models Under Measurement Error**
# **Estimating Hazard Ratios with the Cox Proportional Hazard Tests: Summary of Results**



- With moderate amounts of measurement error (sd = 2), and a threshold higher than the mean PM level (9.5), all of the estimated hazard ratios were too low when the true HR=1.005, with the median estimate approximately half of the true HR.
- The hazard ratios become <u>more attenuated</u> as measurement error <u>increases</u>.
- The hazard ratios become more attenuated as the threshold increases.

























#### 6. Using Nonparametric Regressions to Examine Mortality Data for Thresholds

# Nonparametric Regression Techniques



- Splines fit piecewise polynomial functions between a set of "knots."
  - Knots are usually set at the quantiles of the data (e.g., 3 knots would be at the 25<sup>th</sup>, 50<sup>th</sup>, and 75<sup>th</sup> quantiles of PM).
  - More knots = more "wiggly" lines.
- Loess runs a series of regressions on a "span" of data (e.g., 20%) around each data point. The loess line connects the predicted points.
  - Data further from the point being predicted gets a lower weight.
  - Smaller spans = more "wiggly" lines.
- Splines and loess can be made to resemble each other arbitrarily closely. We examine splines below.

# **Examples of Splines**



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# **Fitting Splines to the Simulated Data**



- We fit splines to the PM mortality data.
- The dependent variable is relative risk, with relative risk defined as 1 for the lowest level of PM. We estimate the spline on the increase in risk (we subtracted 1 from RR – this makes no different to model fit).
- Our splines had 4 knots. There is no agreed upon standard in the literature – fit is as much "art" as science.
- Some literature has tested for nonlinearity or thresholds by testing a spline against a linear regression. The properties of these tests aren't clear, especially since the fit of the spline depends in part of the judgement of the researcher.

# **Examples of Splines in the Simulated Data**



- Below we plot all splines estimated across 100 simulations for a threshold of 9.5 and a hazard ratio of 1.005, for varying levels of measurement error.
- As measurement error increases, the increasing attenuation of the hazard ratio and the decreasing ability to detect the threshold are clear.
- Note the increases in risk are positive for most cities because a few low PM cities had relatively low mortality. Nevertheless, the threshold shape is still apparent at sd=1.





PM



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#### 7. Tests for Thresholds With Cox Proportional Hazard Models Under Measurement Error, No Random Variation Across Cities



#### **Threshold = 7,** 2 × ΔLL > 2





# Threshold = 7, 2 × ΔLL > In(nevents)





# Threshold = 7, $2 \times \Delta LL > \ln(n)$





# **Threshold = 8.5,** 2 × ΔLL > 2





# Threshold = 8.5, 2 × ΔLL > In(nevents)





# Threshold = 8.5, $2 \times \Delta LL > \ln(n)$





# **Threshold = 9.5,** 2 × ΔLL > 2





# Threshold = 9.5, 2 × ΔLL > In(nevents)





# **Threshold = 9.5,** 2 × ΔLL > In(n)







#### 8. Estimated Threshold Locations With Cox Proportional Hazard Models Under Measurement Error, No Random Variation Across Cities

#### **Estimated Thresholds When True Threshold = 7**





#### **Estimated Thresholds When True Threshold = 8.5**





HR=1.0025 HR=1.005 HR=1.01 HR=1.02 HR=1.05

#### **Estimated Thresholds When True Threshold = 9.5**









#### **9. Estimated Hazard Ratios With Cox Proportional Hazard Models Under Measurement Error , No Random Variation Across Cities**

























#### **10. Using Nonparametric Regressions to Examine Mortality Data for Thresholds, No Random Variation Across Cities**



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## Splines Across 100 Simulations, Threshold = 9.5, HR = 1.005, SD=2



PM



## Splines Across 100 Simulations, Threshold = 9.5, HR = 1.005, SD=4



PM







#### **11. Estimated Hazard Ratio Using a "Snapshot" of PM From a Single Year When True PM Trends Downward Over Time**

# Variation in PM Over Time in 20 US Cities



- "True" PM in each city was assumed to trend downward over 20 years.
- Given mortality in year 20, the estimated relationship between mortality and PM will depend on which year of PM data is used in the Cox proportional hazards model.



# **Effect of Using "Snapshot" of PM Concentration in Given Year**



- We use a simulated cohort of 60 year old men for 20 cities, each with 100,000 identical people (2 million total observations).
- "True" PM in each city for each year was based on the previous slide
  - Cohort mortality outcomes were simulated assuming a linear/no threshold true C-R relationship
  - The true HR was assumed to be 1.005
- We estimated two Cox proportional hazards models, one using the PM measures from year 1, and one using the PM measures from year 20
  - Using year 1: HR = 1.0023
  - Using year 20: HR = 1.0047





# **12. References**

## **References for Other Simulation Studies of Long-Term Air Pollution Risk Estimation Methods**



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